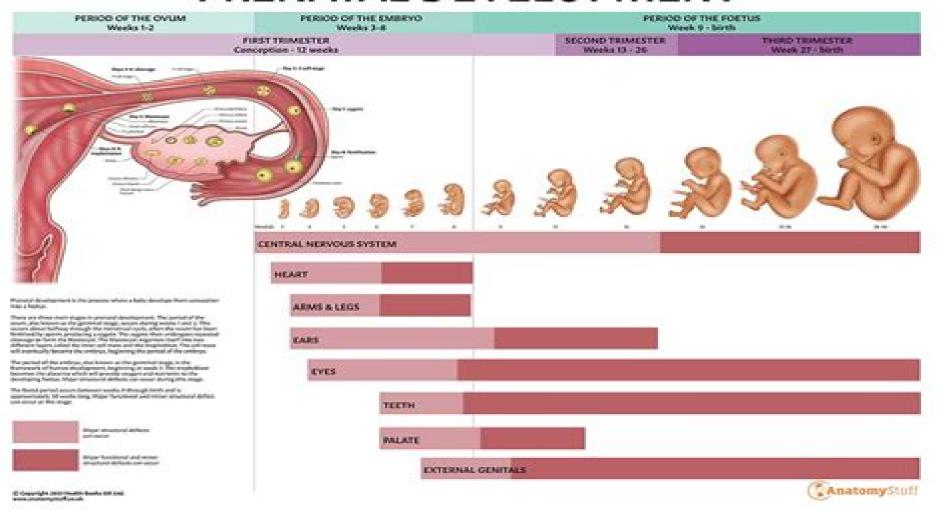
## PRENATAL DEVELOPMENT



# **Parental Development**

David L. Featherman, Richard M. Lerner

#### **Parental Development:**

Parenting Matters National Academies of Sciences, Engineering, and Medicine, Division of Behavioral and Social Sciences and Education, Board on Children, Youth, and Families, Committee on Supporting the Parents of Young Children, 2016-11-21 Decades of research have demonstrated that the parent child dyad and the environment of the family which includes all primary caregivers are at the foundation of children's well being and healthy development From birth children are learning and rely on parents and the other caregivers in their lives to protect and care for them The impact of parents may never be greater than during the earliest years of life when a child's brain is rapidly developing and when nearly all of her or his experiences are created and shaped by parents and the family environment Parents help children build and refine their knowledge and skills charting a trajectory for their health and well being during childhood and beyond The experience of parenting also impacts parents themselves For instance parenting can enrich and give focus to parents lives generate stress or calm and create any number of emotions including feelings of happiness sadness fulfillment and anger Parenting of young children today takes place in the context of significant ongoing developments These include a rapidly growing body of science on early childhood increases in funding for programs and services for families changing demographics of the U S population and greater diversity of family structure Additionally parenting is increasingly being shaped by technology and increased access to information about parenting Parenting Matters identifies parenting knowledge attitudes and practices associated with positive developmental outcomes in children ages 0 8 universal preventive and targeted strategies used in a variety of settings that have been effective with parents of young children and that support the identified knowledge attitudes and practices and barriers to and facilitators for parents use of practices that lead to healthy child outcomes as well as their participation in effective programs and services This report makes recommendations directed at an array of stakeholders for promoting the wide scale adoption of effective programs and services for parents and on areas that warrant further research to inform policy and practice It is meant to serve as a roadmap for the future of parenting policy research and practice in the United States The Nurturing Parenting Programs Stephen J. Bavolek, 2000

Parental Development Jack Demick, Krisanne Bursik, Rosemarie DiBiase, 2014-02-25 This volume seeks to identify and define the parameters of a relatively new problem area parental development Drawing on the grand developmental theories of Sigmund Freud Lawrence Kohlberg Jean Piaget Lev Vygotsky Heinz Werner and their descendants this book has the potential to generate an area of common concern for those interested in either child adolescent or adult development through the novel application of developmental principles and considerations to the ecological context of parenting To that end this volume brings together theory and research from the subfields of adult and child adolescent development Chapter authors place the problem area of parental development in theoretical context and examine selected psychological part processes implicated by focusing on cognitive and psychosocial development The authors then deal with a range of issues

that are perhaps less traditional and or more in line with the complex character of everyday life That is they utilize either relatively novel comparison groups or treat parents at later stages of development rather than those in young adulthood as is often the case Finally the authors uncover both similarities and differences among their theoretical perspectives with an eye toward delineating some possible future research directions **Parental Stress and Early Child Development Kirby** Deater-Deckard, Robin Panneton, 2017-05-14 This book examines the complex impact of parenting stress and the effects of its transmission on young children's development and well being e g emotion self regulation executive functioning maltreatment future parenting practices It analyzes current findings on acute and chronic psychological and socioeconomic stressors affecting parents including those associated with poverty and cultural disparities pregnancy and motherhood and caring for children with developmental disabilities Contributors explore how parental stress affects cognitive affective behavioral and neurological development in children while pinpointing core adaptation resilience and coping skills parents need to reduce abusive and other negative behaviors and promote optimal outcomes in their children These nuanced bidirectional perspectives on parent child dynamics aim to inform clinical strategies and future research targeting parental stress and its cyclical impact on subsequent generations Included in the coverage Parental stress and child temperament How social structure and culture shape parental strain and the well being of parents and children The stress of parenting children with developmental disabilities Consequences and mechanisms of child maltreatment and the implications for parenting How being mothered affects the development of mothering Prenatal maternal stress and psychobiological development during childhood Parenting Stress and Early Child Development is an essential resource for researchers clinicians and related professionals and graduate students in infancy and early childhood development developmental psychology pediatrics family studies and developmental neuroscience The Parental Brain Michael Numan, 2020 The Parental Brain Mechanisms Development and Evolution explores the neural circuits and development of the parental brain and the view that these circuits formed a template for the evolution of other types of prosocial bonds. The book is unique in its multilevel approach and integration of animal and human research Growing with Your Child Elin Schoen, 1995 In this first book to thoroughly explore parenthood as a significant force in adult development Schoen uses fascinating literary references and interviews with dozens of mothers and fathers biological and adoptive single and married to confirm and expand on little known theories of parent development set forth by Erik H Erikson Therese Benedek Selma Fraiberg and others **The Parent Effect** Joanne E. Carlson, 2011 Adolescence is a difficult developmental period for parents and teenagers alike a phase that sends many parents searching for information or psychological help The Parent Effect How Parenting Style Affects Adolescent Behavior and Personality Development is unique among the many available books on parenting It identifies parenting styles on the basis of parents underlying issues motivations and behaviors and explores how these child rearing practices affect the parent teen relationship adolescents behavior and their long term personality development The Parent Effect strives to

respond to an unmet need in the field of parenting adolescence and psychological information This book identifies five parenting styles in a creative and contemporary manner My House My Rules Parents Controlling Cool Parents Permissive Your Life Is My Life Parents Enmeshed Not Now I m Busy Parents Neglectful and Easygoing Parents Balanced Events and circumstances in adults lives can significantly affect their parenting ability and the quality of their relationship with their teenager Parenting styles are usually a combination of three forces the parents own upbringing what they have learned from outside sources and their own personal needs and characteristics Publsher's note Transforming the Workforce for Children Birth Through Age 8 National Research Council, Institute of Medicine, Board on Children, Youth, and Families, Committee on the Science of Children Birth to Age 8: Deepening and Broadening the Foundation for Success, 2015-07-23 Children are already learning at birth and they develop and learn at a rapid pace in their early years This provides a critical foundation for lifelong progress and the adults who provide for the care and the education of young children bear a great responsibility for their health development and learning Despite the fact that they share the same objective to nurture young children and secure their future success the various practitioners who contribute to the care and the education of children from birth through age 8 are not acknowledged as a workforce unified by the common knowledge and competencies needed to do their jobs well Transforming the Workforce for Children Birth Through Age 8 explores the science of child development particularly looking at implications for the professionals who work with children This report examines the current capacities and practices of the workforce the settings in which they work the policies and infrastructure that set qualifications and provide professional learning and the government agencies and other funders who support and oversee these systems This book then makes recommendations to improve the quality of professional practice and the practice environment for care and education professionals These detailed recommendations create a blueprint for action that builds on a unifying foundation of child development and early learning shared knowledge and competencies for care and education professionals and principles for effective professional learning Young children thrive and learn best when they have secure positive relationships with adults who are knowledgeable about how to support their development and learning and are responsive to their individual progress Transforming the Workforce for Children Birth Through Age 8 offers guidance on system changes to improve the quality of professional practice specific actions to improve professional learning systems and workforce development and research to continue to build the knowledge base in ways that will directly advance and inform future actions The recommendations of this book provide an opportunity to improve the quality of the care and the education that children receive and ultimately improve outcomes for children Parenting and Child Development in Nontraditional Families Michael E. Lamb, 1998-10 This book goes beyond traditional families and traditional notions about their impact on child development to consider parallel issues with less frequently studied types of families For developmentalists family specialists clinicians and educators It Takes a Child to Raise a Parent Janis Clark

Johnston, 2013-04-04 While parents prepare for the birth of their children with trips to the doctor and birthing classes parenthood itself requires on the job training Here Johnston invites parents to explore their own childhood experiences and memories in order to better understand the parenting challenges they face daily and to accept that children raise parents as much as parents raise children With tips stories and exercises she guides parents through the various developmental stages of their children and illustrates how we can make each moment count one interaction at a time **Authoritative Parenting** Robert E. Larzelere, Amanda Sheffield Morris, Amanda W. Harrist, 2013 Psychologist Diana Baumrind's revolutionary prototype of parenting called authoritative parenting combines the best of various parenting styles In contrast to previous emphases on parental responsiveness alone permissive parenting or on demandingness alone authoritarian parenting authoritative parenting combines high levels of both responsiveness and demandingness. The result is an appropriate mix of warm nurturance and firm discipline In this book leading scholars update our thinking about authoritative parenting and address three unresolved issues mechanisms of the style's effectiveness variations of effectiveness across cultures and untangling how parents influence children from how children influence them By integrating perspectives from developmental and clinical psychology the book will inform prevention and intervention efforts to help parents maximize their children s <u>Life-Span Development and Behavior</u> David L. Featherman, Richard M. Lerner, 2019-05-24 The final volume in this significant series this publication mirrors the broad scientific attention given to ideas and issues associated with the life span perspective constancy and change in human development opportunities for and constraints on plasticity in structure and function across life the potential for intervention across the entire life course and thus for the creation of an applied developmental science individual differences diversity in life paths in contexts or the ecology of human development and in changing relations between people and contexts interconnections and discontinuities across age levels and developmental periods and the importance of integrating biological psychological social cultural and historical levels of organization in order Handbook of Adult Development and Learning Carol Hoare, 2006-03-30 Adult to understand human development development and learning have always existed as two separate fields of study with development falling under psychology and learning under education Recent advances in theory research and practice however have made it clear that an important reciprocal relationship exists between them advances in development frequently lead to learning and conversely learning quite often fuels development The synchronicity between development and learning is responsible for positive changes in many capacities including insight intelligence reflective and meta cognition personality expression interpersonal competence and self efficacy. This synchronicity is also leading to the growth of a new discipline at the borders of adult development and learning The Handbook of Adult Development and Learning is the first to bring together the leading scholars from both adult development and learning to explore what will form the foundation for this new discipline the latest research at the intersection of these fields It examines six major aspects of their intersection foundations key areas of integration the self

system higher reaches of development and learning essential contexts and specific applications An introductory chapter explains why it is so important to recognize and fuel the growth of this new discipline Subsequent chapters review the latest theoretical and empirical literature and provide a rich itinerary for future research This handbook is a must read for all who promote optimal aging It will be an invaluable reference for scholars in development and education as well as rich resource for policy makers and practitioners such as corporate executives and human resource personnel Holden, Amanda W. Harrist, 2024-09-03 Parenting A Dynamic Perspective explores the interaction between parents and children as they shape each other over time George Holden and new co author Amanda Harrist present the latest research on parenting in an engaging and accessible matter The updated Fourth Edition addresses contemporary issues such as media influence diverse family dynamics and societal challenges drawing on interdisciplinary research and perspectives The text takes a life course perspective exploring the parent child relationship from the prenatal and infant period through adulthood through an ecological lens Readers will have a deeper understanding of effective parenting in a healthy society and will be equipped to apply knowledge to their own lives Mentalizing in the Development and Treatment of Attachment Trauma Jon G Allen, 2018-03-08 This book brings together the latest knowledge from attachment research and neuroscience to provide a new approach to treating trauma for therapists from different professional disciplines and diverse theoretical backgrounds The field of trauma suffers from fragmentation as brands of therapy proliferate in relation to a multiplicity of psychiatric disorders This fragmentation calls for a fresh clinical approach to treating trauma Pinpointing at once the problem and potential solution the author places the experience of being psychologically alone in unbearable emotional states at the heart of trauma in attachment relationships This trauma results from a failure of mentalizing that is empathic attunement to emotional distress Psychotherapy offers an opportunity for healing by restoring mentalizing that is fostering psychological attunement in the context of secure attachment relationships in the psychotherapy relationship and in other attachment relationships The book gives a unique overview of common attachment patterns in childhood and adulthood setting the stage for understanding attachment trauma which is most conspicuous in maltreatment but also more subtly evident in early and repeated failures of attunement in attachment relationships Handbook of Parenting Marc H. Bornstein, 2013-02-01 Please see Volume I for a full description and table of contents for all four volumes How to Talk So Kids Will Listen & Listen So Kids Will Talk Adele Faber, Elaine Mazlish, 1999-10 You Can Stop Fighting With Your Chidren Here is the bestselling book that will give you the know how you need to be more effective with your children and more supportive of yourself Enthusiastically praised by parents and professionals around the world the down to earth respectful approach of Faber and Mazlish makes relationships with children of all ages less stressful and more rewarding Their methods of communication illustrated with delightful cartoons showing the skills in action offer innovative ways to solve common problems Parent-Focused Child Therapy Carol Wachs, Linda Jacobs, 2006-08-24 This collection of essays from leading

psychotherapists taps into the current literature on the efficacy of working with parents in solving their children's problems Wachs and Jacobs focus on identifying and evaluating a variety of approaches and their effects on standard questions of attachment identity and reflection The Parental Experience in Midlife Carol D. Ryff, Marsha Mailick Seltzer, 1996 Most adults experience parenthood But the longest period of the parental experience when children grow into adolescence and young adulthood and parents themselves are not yet elderly is the least understood In this groundbreaking volume distinguished scholars from anthropology demography economics psychology social work and sociology explore the uncharted years of midlife parenthood. The authors employ a rich array of theory and methods to address how the parental experience affects the health well being and development of individuals Collectively they look at the time when parents watch offspring grow into adulthood and begin to establish adult to adult relationships with their children With a strong emphasis on the diversity of midlife parenting including sociodemographic variations and specific parent or child characteristics such as single parenting or raising a child with a disability this volume presents for the first time the complex factors that influence the quality of the midlife parenting experience **Handbook of Adult Development** Jack Demick, Carrie Andreoletti, 2012-12-06 This volume is an outgrowth of contemporary research on development over the adult lifespan which by now has burgeoned and developed both nationally and internationally However for us the impetus to be involved in this area was spawned and nurtured by our initial association with the Society for Research in Adult Development SRAD with its origins some 15 years ago by Michael Commonsand his associates in Cambridge Massachusetts Throughthegood will and support of this society we also became and are still heavily involved with the Journal of Adult Development and the Kluwer Plenum Monograph Series on Adult Development and Aging of which this volume is a companion Many of the contributions in the volume are from SRAD members who con sistently adhere to a focus on positive adult development Their chapters have been complemented by pieces from other researchers who have adopted more mainstream approaches to adult development and oraging Regardless of the particular approach and or focus of the chapter all the work reported herein sup ports the relatively recent idea that development is not restricted to children and adolescents but continues throughout the adult lifespan in ways that we never envisioned ome 20 years ago Thus the volume represents state of the arttheory research and practice on adult development which has the potential to occupy us all for some time to come

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#### **Table of Contents Parental Development**

- 1. Understanding the eBook Parental Development
  - The Rise of Digital Reading Parental Development
  - Advantages of eBooks Over Traditional Books
- 2. Identifying Parental Development
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
- 3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Parental Development
  - User-Friendly Interface
- 4. Exploring eBook Recommendations from Parental Development
  - Personalized Recommendations
  - $\circ\,$  Parental Development User Reviews and Ratings
  - Parental Development and Bestseller Lists
- 5. Accessing Parental Development Free and Paid eBooks
  - Parental Development Public Domain eBooks
  - Parental Development eBook Subscription Services
  - Parental Development Budget-Friendly Options

- 6. Navigating Parental Development eBook Formats
  - o ePub, PDF, MOBI, and More
  - Parental Development Compatibility with Devices
  - o Parental Development Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Parental Development
  - Highlighting and Note-Taking Parental Development
  - Interactive Elements Parental Development
- 8. Staying Engaged with Parental Development
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Parental Development
- 9. Balancing eBooks and Physical Books Parental Development
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Parental Development
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Parental Development
  - Setting Reading Goals Parental Development
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Parental Development
  - Fact-Checking eBook Content of Parental Development
  - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
- 14. Embracing eBook Trends
  - Integration of Multimedia Elements

• Interactive and Gamified eBooks

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