



PartnershipTM for Drug-Free Kids

Where families find answers

Parents Alliance For Drug Free Children

Robert R. Redfield



Parents Alliance For Drug Free Children:

How to Raise a Drug-Free Kid Joseph A. Califano, 2014-09-09 The highly acclaimed comprehensive guide to getting your child through the formative pre teen teen and college years drug free now completely revised and updated Nearly every child will be offered drugs or alcohol before graduating high school and excessive drinking is common at most colleges But the good news is that a child who gets to age twenty one without smoking using illegal drugs or abusing alcohol or prescription drugs is virtually certain never to do so Drawing on more than two decades of research at The National Center on Addiction and Substance Abuse at Columbia University CASAColumbia founder Joseph A Califano Jr presents a clear common sense guide to helping kids stay drug free All parents dream of a healthy productive and fulfilling future for their children Califano shows which specific actions work and what parents can do to teach protect and empower their children to have the greatest chance of making that future come true Teenagers who learn about the risks of drugs from their parents are twice as likely never to try them and this book provides the tools parents need to prepare their children for those crucial decision making moments In this revised and updated edition Califano tackles some of the newest obstacles standing between our kids and a drug free life from social media sites and cell phone apps to the explosion in prescription and over the counter drug abuse and the increased dangers and addictive power of marijuana He reveals what teens can t or won t tell their parents about their thoughts on drugs and alcohol and combines the latest research with his discussions with thousands of parents and teens about the challenges that widespread access to drugs and alcohol present and how parents can instill in their teens the will and skills to choose not to use Califano s insightful and lively guide is as readable as it is informative *Parents Alliance for Drug Free Children* Richard Waggoner, 1988-09-01 **Parenting Matters** National Academies of Sciences, Engineering, and Medicine, Division of Behavioral and Social Sciences and Education, Board on Children, Youth, and Families, Committee on Supporting the Parents of Young Children, 2016-11-21 Decades of research have demonstrated that the parent child dyad and the environment of the family which includes all primary caregivers are at the foundation of children s well being and healthy development From birth children are learning and rely on parents and the other caregivers in their lives to protect and care for them The impact of parents may never be greater than during the earliest years of life when a child s brain is rapidly developing and when nearly all of her or his experiences are created and shaped by parents and the family environment Parents help children build and refine their knowledge and skills charting a trajectory for their health and well being during childhood and beyond The experience of parenting also impacts parents themselves For instance parenting can enrich and give focus to parents lives generate stress or calm and create any number of emotions including feelings of happiness sadness fulfillment and anger Parenting of young children today takes place in the context of significant ongoing developments These include a rapidly growing body of science on early childhood increases in funding for programs and services for families changing demographics of the U S population and greater diversity of family structure Additionally

parenting is increasingly being shaped by technology and increased access to information about parenting Parenting Matters identifies parenting knowledge attitudes and practices associated with positive developmental outcomes in children ages 0 8 universal preventive and targeted strategies used in a variety of settings that have been effective with parents of young children and that support the identified knowledge attitudes and practices and barriers to and facilitators for parents use of practices that lead to healthy child outcomes as well as their participation in effective programs and services This report makes recommendations directed at an array of stakeholders for promoting the wide scale adoption of effective programs and services for parents and on areas that warrant further research to inform policy and practice It is meant to serve as a roadmap for the future of parenting policy research and practice in the United States *ESEA, Drug-free Schools* United States. Congress. Senate. Committee on Health, Education, Labor, and Pensions,1999 Publication ,1991 **Cumulative List of Organizations Described in Section 170 (c) of the Internal Revenue Code of 1986** ,1987 *National Drug Control Strategy* United States. Office of National Drug Control Policy,1999 *Cumulative List of Organizations Described in Section 170 (c) of the Internal Revenue Code of 1954* ,2003 Keeping Your Kids Drug-free ,2003 **National drug control strategy** United States. Office of National Drug Control Policy,1998 *National Children's Day* United States. Congress. House. Committee on the Budget. Task Force on Human Resources,1990 I Can Be Me Dianne S. O'Connor,2009-11-09 Has drug or alcohol abuse in your family caused your child to become withdrawn or to act out Is addiction in a family member contributing to upset and stress in your child Do you want to help your child understand the problem and communicate about his her feelings Do you want to help your child develop healthier coping strategies I Can Be Me is a helping book for professionals and parents who want to help children of alcoholic parents Written for children ages 4 to 12 it can be read by a child alone or worked through with a caring adult Simple line drawings and text speak to children in a language they understand and are based on the real experiences of children with addicted parents Written from the perspective of children whose parents are addicted to alcohol and various other drugs this book helps children take off the masks that hide their true feelings and educates them about alcohol or drug abuse in the family Entertaining drawings and simple text make this book easy to understand and invite children to add their own thoughts and feelings Children often feel alone in homes where alcoholism or drug abuse is present I Can Be Me helps children understand more about addiction and realize that they are not to blame for their parents problems Through a series of creative exercises and activities children learn about healthy coping strategies and that they are not alone Eight separate units make this book an ideal companion to counseling or support group sessions Parents or counselors can also use a single section to address the unique concerns of an individual child **National Drug Control Strategy** Barry McCaffrey,1999 Creating Safe and Drug-free Schools United States. Office of Juvenile Justice and Delinquency Prevention,1996 **The National Drug Control Strategy, 1998** United States. Office of National Drug Control Policy,1998 **Defending America's Most Vulnerable** United States.

Congress. House. Committee on the Judiciary. Subcommittee on Crime, Terrorism, and Homeland Security, 2005 **The President's Crime Prevention Council Quarterly** President's Crime Prevention Council (U.S.), 1997-04 *Testing the Anti-drug Message in 12 American Cities*, 1999 **Testing The Anti-Drug Message In 12 American Cities, National Youth Anti-Drug Media Campaign, Phase 1 (Report No. 2), March 1999**, 1999 *Must-See Websites for Parents & Kids (Must-See Websites)* ,

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