



# Regional Cooking Of China

**Carolyn Phillips**



## **Regional Cooking Of China:**

**The Food and Cooking of Sichuan and West China** Terry Tan, 2011 From the vibrant metropolises of Chengdu and Xi'an to the spectacular rice terraces of the Yangtze basin explore west China's ancient cuisine in this stunning new book Discover the sizzle of Sichuan peppercorns spicy chillies and pungent aromatics in this collection of 75 authentic recipes including Chrysanthemum Fish Hot Pot Chilli Squid Crispy Chilli Beef and Dan Dan Noodles Chapters cover all the courses including fiery soups and dim sum fresh fish and shellfish tender poultry aromatic meat classic rice and noodles piquant vegetable dishes and unusual sweet things There is an informative introduction that traces the history of western Chinese food culture and provides an illustrated guide to the ingredients tools and equipment you will need This irresistible volume is brought to life with more than 370 mouthwatering photographs and step by step instructions ensure perfect results each time It includes nutritional information for each recipe Sichuan known as the land of plenty is home to a sizzling cuisine that has become a favourite around the world In this exquisite new book Terry Tan explores the diverse landscapes and cultures of west China

Regional Cooking of China Margaret Gin, Alfred E. Castle, 1975

The Food of Sichuan Fuchsia Dunlop, 2019-10-03 Winner of the Fortnum Mason Cookery Book Award 2020 Shortlisted for the Guild of Food Writers Award 2020 Shortlisted for the James Beard Award 2020 Cookbook of the year Allan Jenkins OFM No one explains the intricacies of Sichuan food like Fuchsia Dunlop This book remains my bible for the subject Jay Rayner A fully revised and updated edition of Fuchsia Dunlop's landmark book on Sichuan cookery Almost twenty years after the publication of Sichuan Cookery voted by the OFM as one of the greatest cookbooks of all time Fuchsia Dunlop revisits the region where her own culinary journey began adding more than 50 new recipes to the original repertoire and accompanying them with her incomparable knowledge of the dazzling tastes textures and sensations of Sichuanese cookery At home guided by Fuchsia's clear instructions and using just a few key Sichuanese storecupboard ingredients you will be able to recreate Sichuanese classics such as Mapo tofu Twice cooked pork and Gong Bao chicken or try your hand at a traditional spread of cold dishes comprising Bang bang chicken Numbing and hot dried beef Spiced cucumber salad and Green beans in ginger sauce With spellbinding writing on the culinary and cultural history of Sichuan and accompanied by gorgeous travel and food photography The Food of Sichuan is a captivating insight into one of the world's greatest cuisines This book offers an unmissable opportunity to utilise the wok and cleaver brave the fiery Mapo tofu and expand your technique with pot stickers and steamed buns Yotam Ottolenghi

**China - A Cookbook** Terry Tan, 2018-09-15 A comprehensive collection of authentic recipes from the diverse regions of China sumptuously photographed throughout

**All Under Heaven** Carolyn Phillips, 2016-08-30 A comprehensive contemporary portrait of China's culinary landscape and the geography and history that has shaped it with more than 300 recipes Vaulting from ancient taverns near the Yangtze River to banquet halls in modern Taipei All Under Heaven is the first cookbook in English to examine all 35 cuisines of China Drawing on centuries worth of culinary texts as well as her own years

working eating and cooking in Taiwan Carolyn Phillips has written a spirited symphonic love letter to the flavors and textures of Chinese cuisine With hundreds of recipes from simple Fried Green Onion Noodles to Lotus Wrapped Spicy Rice Crumb Pork written with clear step by step instructions All Under Heaven serves as both a handbook for the novice and a source of inspiration for the veteran chef Los Angeles Times Favorite Cookbooks of 2016 Classic Food of China Yan-Kit So,1994

*Mastering the Art of Chinese Cooking* Eileen Yin-Fei Lo,2009-10-28 A James Beard and Julia Child Award winning chef takes you on an incredible journey as you build your Chinese pantry and master the basics Daniel Boulud James Beard Award winning chef restaurateur and cookbook author This masterwork of Chinese cuisine showcases acclaimed chef Eileen Yin Fei Lo s decades of culinary virtuosity A series of lessons build skill knowledge and confidence as Lo guides the home cook step by step through the techniques ingredients and equipment that define Chinese cuisine With more than 100 classic recipes and technique illustrations throughout Mastering the Art of Chinese Cooking makes the glories of this ancient cuisine utterly accessible Stunning photography reveals the treasures of old and new China from the zigzagging alleys of historical Guangzhou to the bustle of city centers and faraway Chinatowns as well as wonderful ingredients and gorgeous finished dishes Step by step brush drawings illustrate Chinese cooking techniques This lavish volume takes its place as the Chinese cookbook of choice in the cook s library Stunning A comprehensive and educational guide that fulfills the promise of how to master Chinese cooking Publishers Weekly **Stir-Frying to the Sky's Edge** Grace Young,2010-05-04 Winner of the 2011 James Beard Foundation Award for International Cooking this is the authoritative guide to stir frying the cooking technique that makes less seem like more extends small amounts of food to feed many and makes ingredients their most tender and delicious The stir fry is all things refined improvisational adaptable and inventive The technique and tradition of stir frying which is at once simple yet subtly complex is as vital today as it has been for hundreds of years and is the key to quick and tasty meals In Stir Frying to the Sky s Edge award winning author Grace Young shares more than 100 classic stir fry recipes that sizzle with heat and pop with flavor from the great Cantonese stir fry masters to the culinary customs of Sichuan Hunan Shanghai Beijing Fujian Hong Kong Macau Taiwan Singapore and Malaysia as well as other countries around the world With more than eighty stunning full color photographs Young s definitive work illustrates the innumerable easy to learn possibilities the technique offers dry stir fries moist stir fries clear stir fries velvet stir fries and weaves the insights of Chinese cooking philosophy into the preparation of beloved dishes as Kung Pao Chicken Stir Fried Beef and Broccoli Chicken Lo Mein with Ginger Mushrooms and Dry Fried Sichuan Beans Regional Cooking of China Margaret Gin,1984

*Cooking from China's Fujian Province* Jacqueline M. Newman,2008 Though Fujian a south eastern province of China is home to one of China s best cuisines it is barely known outside of China This landmark volume gives us the province s savoury fish and meat dishes wonderful teas soups stews congees noodles and fire pots With roots in early Mill food culture Fujianese food benefits from the abundance of products found on the local mountains flatlands and extensive coastline Rice

wheat and sweet potatoes are staples of the Fujianese cuisine Fish and meat are often mixed to great effect incorporating both sweet and pungent flavours Two or more broths or soups served with these mixed dishes complete such fine repasts Buddha Jumping the Wall is a typical dish combining a myriad of ingredients from both the mountains and the sea shark s fin abalone scallops ham chicken mushrooms yams medlar scallions and garlic to name hut a few Crossing Bridge Noodles and Braised Meat in Wine Sauce are also great favourites and dishes such as New Year Money Bags and Steamed Sea Cucumber Pockets are equally popular With 200 recipes photographs cultural and historical backgrounds and twenty menus for everyday meals and holiday banquets this is a truly comprehensive volume for gourmands anthropologists and foodies

This Fleeting World David Christian,2008 A great historian can make clear the connections between the first Homo sapiens and today s version of the species and a great storyteller can make those connections come alive David Christian is both and This Fleeting World A Short History of Humanity makes the journey from the earliest foraging era to the agrarian era to our own modern era a fascinating one Ready to help your students give up their preconceptions that anything old is probably boring Enter This Fleeting World From publisher description Land of Fish and Rice Fuchsia Dunlop,2016-07-27 Fuchsia Dunlop our great writer and expert on Chinese gastronomy has fallen in love with this region and its cuisine and her book makes us fall in love too Claudia Roden Fuchsia Dunlop s erudite writing infuses each page and her delicious recipes will inspire any serious cook to take up their wok Ken HomThe Lower Yangtze region or Jiangnan with its modern capital Shanghai has been known since ancient times as a Land of Fish and Rice For centuries local cooks have been using the plentiful produce of its lakes rivers fields and mountains combined with delicious seasonings and flavours such as rice vinegar rich soy sauce spring onion and ginger to create a cuisine that is renowned in China for its delicacy and beauty Drawing on years of study and exploration Fuchsia Dunlop explains basic cooking techniques typical cooking methods and the principal ingredients of the Jiangnan larder Her recipes are a mixture of simple rustic cooking and rich delicacies some are famous some unsung You ll be inspired to try classic dishes such as Beggar s chicken and sumptuous Dongpo pork Most of the recipes contain readily available ingredients and with Fuchsia s clear guidance you will soon see how simple it is to create some of the most beautiful and delicious dishes you ll ever taste With evocative writing and mouth watering photography this is an important new work about one of China s most fascinating culinary regions **The Food of China** E. N. Anderson,1988-01-01 Looks at the role of food in Chinese government policy religious rituals and health practices traces the evolution of Chinese cuisine and discusses the absence of food taboos Martin Yan's Culinary Journey Through China Martin Yan,1995 The host of the popular PBS show Yan Can Cook offers more than one hundred easy to prepare recipes for Chinese food organized by region and adapted to American kitchens along with notes on regional cuisine and photographs

*Regional Cooking of China* Terry Tan,2014-04-30 A stunning set of four books that bring together classic dishes from all over China from the imperial kitchens of Beijing to the tea houses of Southern China Authentic tested recipes are shown step

by step in gorgeous photographs by Martin Brigdale in a definitive boxed gift set      **Cooking South of the Clouds** Georgina Freedman, 2018-09-06 From the famed Crossing the Bridge Noodles to dishes like spiced chicken grilled in banana leaves Cooking South of the Clouds will introduce cooks to a side of Chinese cooking still relatively unknown outside of the country itself China's Yunnan Province is the most geographically biologically and ethnically diverse region in China Stretching from the Himalayan plateau to the subtropics the province is home to thousands of species of plants and animals as well as twenty four of China's minority groups As a result Yunnan is one of the most culinary interesting and delicious places on earth with a wide variety of cuisines and flavours all packed into one small province Each chapter in the book covers a different area featuring its classic recipes such as Tibetan momo dumplings from the north grilled chicken with chillies and fresh herbs and the famed crossing the bridge noodles from the south fried rice with ham potatoes and peas from the east and roasted eggplant salad with tomatoes and herbs from the west near the Burmese border Complete with profiles of local cooks artisans and farmers as well as breath taking location photography Cooking South of the Clouds takes you on an unforgettable journey through the land of Shangri La and presents a whole new world of flavours      **Chinese Cooking**, 2002 An illustrated basic Chinese cookbook plus several special features      **Revolutionary Chinese Cookbook** Fuchsia Dunlop, 2007 Representing the finest in cuisine from the Hunan Province of China introduces a series of recipes including numbing and hot chicken Chairman Mao's red braised pork and a variety of vegetable stir fries along with culinary history lore and anecdotes      Complete Chinese Cookbook Ken Hom, 2015 A guide to making easy and delicious Chinese food for today's busy lifestyle      *Food of China* Deh-Ta Hsiung, Nina Simonds, 2005 A real taste of a country that has one of the world

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