

Advances in Social Cognition, Volume IX

# **RUMINATIVE THOUGHTS**

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# Ruminative Thoughts Advances In Social Cognition

**James J. Gross, Brett Q. Ford**



## **Ruminative Thoughts Advances In Social Cognition:**

*Ruminative Thoughts* Robert S. Wyer, 1996 This ninth volume in this series focuses on this type of cognitive activity and examines both its determinants and consequences The lead article by Leonard Martin and Abraham Tesser develops a theoretical formulation of ruminative thinking that conceptualizes rumination as a class of conscious thought with a common instrumental theme that recurs in the absence of immediate environmental demands

*Ruminative Thoughts* Robert S. Wyer, Jr., 2013-01-11 Until recently most theory and research in social information processing has focused attention on the cognitive activity that underlies responses to stimulus information presented in the immediate situation being investigated In contrast people's thoughts outside the laboratory often concern life events that either have occurred in the past or are likely to occur in the future Thoughts about such past and future events can be spontaneous and once elicited can affect the ability to respond effectively to the demands of the present situation with which one is confronted This ninth volume in this series focuses on this type of cognitive activity and examines both its determinants and consequences The lead article by Leonard Martin and Abraham Tesser develops a theoretical formulation of ruminative thinking that conceptualizes rumination as a class of conscious thought with a common instrumental theme that recurs in the absence of immediate environmental demands The authors also give particular attention to the ways in which perceptions of the consequences of past and present events for long range goal attainment affect both controlled and uncontrolled thinking about these events They also examine the implications of their theory for the ability to suppress unwanted thoughts the interplay of emotion and cognition and the cognitive consequences of rumination for the performance of daily life activities The entire formulation integrates a number of cognitive phenomena that are not usually considered within a single theoretical framework The companion chapters many written by the field's foremost contributors to the literature on emotion and cognition suggest important refinements and extensions of the conceptualization proposed in the target article They also make important conceptual contributions in their own right covering topics that include the role of mental models in cognitive functioning the dynamics of thought suppression and attentional inhibition stress and coping personality correlates of ruminative thought and attitudes and persuasion As a result this volume makes a valuable contribution to research and theory not only in social cognition but also in numerous other areas

**Depressive Rumination** Costas Papageorgiou, Adrian Wells, 2003-11-07 Rumination recycles negative thinking is now recognised as important in the development maintenance and relapse of recurrence of depression For instance rumination has been found to elevate perpetuate and exacerbate depressed mood predict future episodes of depression and delay recovery during cognitive therapy Cognitive therapy is one of the most effective treatments for depression However depressive relapse and recurrence following cognitive therapy continue to be a significant problem An understanding of the psychological processes which contribute to relapse and recurrence may guide the development of more effective interventions This is a major contribution to the study and treatment of depression which reviews a large body of

research on rumination and cognitive processes in depression and related disorders with a focus on the implications of this knowledge for treatment and clinical management of these disorders First book on rumination in depressive and emotional disorders Contributors are the leaders in the field First editor is a rising researcher and clinician with specialist interest in depression and second editor is world renowned for his work on cognitive therapy of emotional disorders **Social**

**Cognition** Herbert Bless, Klaus Fiedler, 2014-03-05 How do people think about the world How do individuals make sense of their complex social environment What are the underlying mechanisms that determine our understanding of the social world Social cognition the study of the specific cognitive processes that are involved when we think about the social world attempts to answer these questions Social cognition is an increasingly important and influential area of social psychology impacting on areas such as attitude change and person perception This introductory textbook provides the student with comprehensive coverage of the core topics in the field how social information is encoded stored and retrieved from memory how social knowledge is structured and represented and what processes are involved when individuals form judgements and make decisions The overall aim is to highlight the main concepts and how they interrelate providing the student with an insight into the whole social cognition framework With this in mind the first two chapters provide an overview of the sequence of information processing and outline general principles Subsequent chapters build on these foundations by providing more in depth discussion of memory judgemental heuristics the use of information hypothesis testing in social interaction and the interplay of affect and cognition Social Cognition will be essential reading for students and researchers in psychology communication studies and sociology Social Cognition Gordon B. Moskowitz, 2013-12-09 An ideal text for undergraduate and graduate level courses this accessible yet authoritative volume examines how people come to know themselves and understand the behavior of others Core social psychological questions are addressed as students gain an understanding of the mental processes involved in perceiving attending to remembering thinking about and responding to the people in our social world Particular attention is given to how we know what we know the often hidden ways in which our perceptions are shaped by contextual factors and personal and cultural biases While the text's coverage is sophisticated and comprehensive synthesizing decades of research in this dynamic field every chapter brings theories and findings down to earth with lively easy to grasp examples *The Oxford Handbook of Social Cognition* Donal E. Carlston, 2013-09-19 This handbook provides a comprehensive review of social cognition ranging from its history and core research areas to its relationships with other fields The 43 chapters included are written by eminent researchers in the field of social cognition and are designed to be understandable and informative to readers with a wide range of backgrounds **Social Cognition** Rainer

Greifeneder, Herbert Bless, Klaus Fiedler, 2017-09-14 Social cognition is a key area of social psychology which focuses on cognitive processes that are involved when individuals make sense of and navigate in their social world For instance individuals need to understand what they perceive they learn and recall information from memory they form judgments and

decisions they communicate with others and they regulate their behavior While all of these topics are also key to other fields of psychological research it is the social world which is dynamic complex and often ambiguous that creates particular demands This accessible book introduces the basic themes within social cognition and asks questions such as How do individuals think and feel about themselves and others How do they make sense of their social environment How do they interact with others in their social world The book is organized along an idealized sequence of social information processing that starts at perceiving and encoding and moves on to learning judging and communicating It covers not only processes internal to the individual but also facets of the environment that constrain cognitive processing Throughout the book student learning is fostered with examples additional materials and discussion questions With its subdivision in ten chapters the book is suitable both for self study and as companion material for those teaching a semester long course This is the ideal comprehensive introduction to this thriving and captivating field of research for students of psychology

Emotional Labor in the 21st Century Alicia Grandey, James Diefendorff, Deborah E. Rupp, 2013-05-07 This book reviews integrates and synthesizes research on emotional labor and emotion regulation conducted over the past 30 years The concept of emotional labor was first proposed by Dr Arlie Russell Hochschild 1983 who defined it as the management of feeling to create a publicly observable facial and bodily display p 7 for a wage A basic assumption of emotional labor theory is that many jobs e g customer service healthcare team based work management have interpersonal and thus emotional requirements and that well being and effectiveness in these jobs is determined in part by a person s ability to meet these requirements Since Hochschild s initial work psychologists sociologists and management scholars have developed distinct theoretical approaches aimed at expanding and elaborating upon Hochschild s core ideas Broadly speaking emotional labor is the study of how emotion regulation of oneself and others influences social dynamics at work which has implications for performance and well being in a wide range of occupations and organizational contexts This book offers researchers and practitioners a review of emotional labor theory and research that integrates the various perspectives into a coherent framework and proposes an agenda for future research on this increasingly relevant and important topic The book is divided into 5 main sections with the first section introducing and defining emotional labor as well as creating a framework for the rest of the book to follow The second section consists of chapters describing emotional labor theory at different levels of analysis including the event person dyad and group The third section illustrates the diversity of emotional labor in distinct occupational contexts customer service e g restaurant retail call centers and caring work The fourth section considers broader contextual influences organizational societal and cultural level factors that modify how and when emotional labor is done The final section presents a series of reflective essays from eminent scholars in the area of emotion and emotion regulation where they reflect upon the past present and future of emotion regulation at work

*Unifying Themes in Complex Systems* Ali A. Minai, Yaneer Bar-Yam, 2007-08-06 In recent years scientists have applied the principles of complex systems science to

increasingly diverse fields The results have been nothing short of remarkable their novel approaches have provided answers to long standing questions in biology ecology physics engineering computer science economics psychology and sociology The Third International Conference on Complex Systems attracted over 400 researchers from around the world The conference aimed to encourage cross fertilization between the many disciplines represented and to deepen our understanding of the properties common to all complex systems

Depressive Rumination Costas Papageorgiou, Adrian Wells, 2004-02-06  
Rumination recyclic negative thinking is now recognised as important in the development maintenance and relapse of recurrence of depression For instance rumination has been found to elevate perpetuate and exacerbate depressed mood predict future episodes of depression and delay recovery during cognitive therapy Cognitive therapy is one of the most effective treatments for depression However depressive relapse and recurrence following cognitive therapy continue to be a significant problem An understanding of the psychological processes which contribute to relapse and recurrence may guide the development of more effective interventions This is a major contribution to the study and treatment of depression which reviews a large body of research on rumination and cognitive processes in depression and related disorders with a focus on the implications of this knowledge for treatment and clinical management of these disorders First book on rumination in depressive and emotional disorders Contributors are the leaders in the field First editor is a rising researcher and clinician with specialist interest in depression and second editor is world renowned for his work on cognitive therapy of emotional disorders

**The Regulation of Emotion** Pierre Philippot, Robert S. Feldman, 2004-07-22 This volume presents in an integrated framework the newest most contemporary perspectives on emotion regulation from many sub areas of psychology and neurosciences

**Social Psychology, Second Edition** Arie W. Kruglanski, E. Tory Higgins, 2013-10-21 This book has been replaced by Social Psychology Third Edition ISBN 978 1 4625 4398 4

The Wiley Handbook of Anxiety Disorders Paul Emmelkamp, Thomas Ehring, 2014-03-31 This state of the art Handbook on the research and treatment of anxiety and related disorders is the most internationally and clinically oriented Handbook currently available encompassing a broad network of researchers from leading experts in the field to rising stars The very first handbook to cover anxiety disorders according to the new DSM 5 criteria Published in two volumes the International Handbook provides the most wide ranging treatment of the state of the art research in the anxiety disorders Offers a truly international aspect including authors from different continents and covering issues of relevance to non Western countries Includes discussion of the latest treatments including work on persistence of compulsions virtual reality exposure therapy cognitive bias modification cognitive enhancers and imagery rescripting Covers treatment failures transdiagnostic approaches and includes treatment issues for children as well as the older population Edited by leaders in the field responsible for some of the most important advances in our understanding and treatment of anxiety disorders 2 Volumes

Handbook of Emotion Regulation James J. Gross, Brett Q. Ford, 2024-02-27 This definitive handbook is now in an extensively revised third edition with many all new chapters and new

topics Leading authorities present cutting edge knowledge about how and why people try to regulate their emotions the consequences of different regulatory strategies and interventions to enhance this key area of functioning The biological cognitive developmental and social bases of emotion regulation are explored The volume identifies critical implications of emotion regulation for mental and physical health psychopathology educational achievement prosocial behavior and other domains Clinical and nonclinical interventions are critically reviewed and state of the art measurement approaches described New to This Edition Broader coverage to bring readers up to speed on the ever growing literature features 71 concise chapters compared to 36 in the prior edition Reflects a decade of continuing rapid advances in theory and research methods New sections on emotion regulation in groups and collectives specific emotion regulation processes nonclinical interventions and emotion regulation across disciplines Increased attention to the role of emotion regulation in culture and broader societal issues

Complicated Grief Margaret Stroebe, Henk Schut, Jan van den Bout, 2013-05-07 How can complicated grief be defined How does it differ from normal patterns of grief and grieving Who among the bereaved is particularly at risk Can clinical intervention reduce complications Complicated Grief provides a balanced up to date state of the art account of the scientific foundations surrounding the topic of complicated grief In this book Margaret Stroebe Henk Schut and Jan van den Bout address the basic questions about the concept manifestations and phenomena associated with complicated grief They bring together researchers from different disciplines providing a broad range of cultural and societal perspectives to enable the reader to access the scientific knowledge base regarding complicated grief on both theoretical and empirical levels The book is divided into four main sections An exploration of the nature of complicated grief Diagnostic categorizations Contemporary research on complicated grief Treatment of complicated grief Illuminating the foundations and new innovations in research Complicated Grief will be essential reading for professionals working with bereavement such as clinical psychologists health psychologists and psychiatrists researchers as well as graduate students of psychology and psychiatry Margaret Stroebe is Professor at the Department of Clinical and Health Psychology Utrecht University and the Department of Clinical Psychology and Experimental Psychopathology University of Groningen The Netherlands Henk Schut is Associate Professor at the Department of Clinical and Health Psychology Utrecht University The Netherlands Jan van den Bout is Professor of Clinical Psychology at Utrecht University The Netherlands Contributors Paul Boelen Kathrin Boerner George Bonanno Laurie Burke Rachel Cooper Atle Dyregrov Kari Dyregrov Francesca Del Gaudio Ann Marie Golden Jennifer Jacobs David Kissane Rolf Kleber Yeulin Li Jeffrey Looi Anthony Mancini Mario Mikulincer Michelle Moulds Robert Neimeyer Mary Frances O Connor John Ogradniczuk William Piper Holly G Prigerson Therese Rando Beverley Raphael Paul C Rosenblatt Edward Rynearson Henk A W Schut Phillip Shaver Margaret S Stroebe Jan van den Bout Marcel van den Hout Birgit Wagner Jerome C Wakefield Edward Watkins Talia I Zaider

**PROMOTING CAPABILITIES TO MANAGE POSTTRAUMATIC STRESS** Douglas Paton, John M. Violanti, Leigh M. Smith, 2003-01-01 This book provides a systematic review of the variables

and mechanisms that underpin resilience and growth in professions who face a high risk of regular and repetitive exposure to adverse or hazardous events Given the inevitability of this exposure promoting the acceptance and practice of this paradigm is essential for facilitating the capability of emergency responders to adapt to and if possible to grow from adverse and hazardous experience By identifying salient dispositional cognitive group organizational and environmental predictors of resilience and articulating the mechanisms that link them to adaptive and growth outcomes emergency organizations will have the capacity to intervene prior to exposure to adverse events rather than waiting until after the event as is currently the norm This book thus adopts an approach that is fundamentally preventative in nature and offers practical suggestions to support the development of resilient capabilities By describing influences on this capability that cover the person the organization and factors external to the workplace it offers a more ecologically comprehensive approach to those working in this area In addition it offers a more comprehensive framework for this work by drawing on constructs e g trust empowerment that would ordinarily lie outside mainstream traumatic stress research The contents of this book provide a theoretically and empirically rigorous knowledge base and intervention framework capable of mitigating negative reactions facilitating adaptation in the face of adversity and enhancing the likelihood that adverse and traumatic work experiences will enrich the personal and professional lives of those who dedicate themselves to protecting and safeguarding others It will be of interest to emergency worker counselors police counselors disaster workers mental health professionals and individuals that work with people exposed to trauma

*Virtue, Vice, and Personality* Edward Chin-Ho Chang, Lawrence J.

Sanna, 2003-01-01 In this classic of biology and modern science Sir D Arcy Wentworth Thompson 1860 1948 one of the most distinguished scientists of the modern era sets forth his seminal theory of transformation that one species evolves into another not by successive minor changes in individual body parts but by large scale transformations involving the body as a whole First written in 1917 the book was revised by Thompson in 1942 the revision reprinted here The esteem in which this monumental lavishly illustrated work is universally held derives not only from its scholarship and creativity but also from the rich literary style that exemplifies Thompson's great erudition in the physical and natural sciences ancient and modern languages and the humanities The book begins with studies of organic magnitude the rate of growth cellular form and structure adsorption and the forms of tissues then examines a vast spectrum of life forms and concludes with a comparison of related forms that leads to the theory of transformations

Memory Disorders in Psychiatric Practice German E.

Berrios, John R. Hodges, 2000-03-16 Memory complaints are a frequent feature of psychiatric disorder even in the absence of organic disease In this practical reference for the clinician first published in 2000 German Berrios and John Hodges lead an international team of eminent psychiatrists behavioural neurologists and clinical psychologists to focus on the psychiatric and organic aspects of memory disorders from the perspective of the multidisciplinary memory clinic These disorders include organic syndromes such as the dementias the amnesic syndrome and transient amnesic states and also psychiatric aspects



of memory disorders in the functional psychoses Among the specific topics reviewed are the paramnesias conditions such as d j vu flashbulb and flashback memories and the problems of recovered false and feigned memories Throwing light on established conditions and also introducing two new syndromes this book makes a major contribution to the understanding and clinical management of memory disorders in psychiatry neuropsychology and other disciplines

**The Oxford Handbook of Hypo-egoic Phenomena** Kirk Warren Brown, Mark R. Leary, 2017 Egoicism a mindset that places primary focus upon oneself is rampant in contemporary Western cultures as commercial advertisements popular books song lyrics and mobile apps consistently promote self interest Consequently researchers have begun to address the psychological interpersonal and broader societal costs of excessive egoicism and to investigate alternatives to a me and mine first mindset For centuries scholars spiritual leaders and social activists have advocated a hypo egoic way of being that is characterized by less self concern in favor of a more inclusive we first mode of functioning In recent years investigations of hypo egoic functioning have been examined by psychologists cognitive scientists neuroscientists and philosophers Edited by Kirk Warren Brown and Mark R Leary The Oxford Handbook of Hypo egoic Phenomena brings together an expert group of contributors to examine these groundbreaking lines of inquiry distilling current knowledge about hypo egoicism into an exceptional resource In this volume readers will find theoretical perspectives from philosophy and several major branches of psychology to inform our understanding of the nature of hypo egoicism and its expressions in various domains of life Further readers will encounter psychological research discoveries about particular phenomena in which hypo egoicism is a prominent feature demonstrating its implications for well being regulation of emotion adaptive decision making positive social relations and other markers of human happiness well being and health This Handbook offers the most comprehensive and thoughtful analyses of hypo egoicism to date

**The Handbook of Impression Formation** Emily Balceris, Gordon B. Moskowitz, 2022-08-12 Presenting diverse perspectives from eminent scholars and contemporary researchers The Handbook of Impression Formation contextualizes current and future areas of research in the social psychology of impression formation within a rich historic framework Affirming that impression formation is at the core of human experience chapters explore how and why people form snap judgments about others and when those impressions update They examine the processes through which people infer the reasons for the events they encounter allowing people to plan for appropriate behavioral responses to social contexts The research reviewed is informed by the foundational theory of unconscious automatic processes involved in making judgements of other people pioneered by Professor Jim Uleman who contributes a chapter that suggests important new directions and concludes the volume by reflecting on the state of the field more broadly The book explores how certain attributes stimulate categorization examining current issues around implicit bias stereotypes and social media Chapters cover a range of approaches featuring personal narratives presentation of new data and discoveries comprehensive literature reviews and contemplations on where the field must go and what questions require focus for

progress to be made calling for even the most advanced scholars to contribute more to the collective investigation of impression formation This fascinating work provides a solid foundation from which all researchers can build a new and unique program of research and arms the reader with the intellectual tools they need to chart new theoretical territory and discover aspects of the human experience we have yet to even wonder about It is essential reading for students and academics in social psychology and the social sciences more broadly

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