

RECENT DEVELOPMENTS IN ALCOHOLISM

VOLUME 1

Genetics
Behavioral Treatment
Social Mediators and Prevention
Current Concepts in Diagnosis

EDITED BY MARC GALANTER

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Recent Developments In Alcoholism

**Institute of Medicine, National
Research Council, Division of
Behavioral and Social Sciences and
Education, Board on Children, Youth,
and Families, Committee on
Developing a Strategy to Reduce and
Prevent Underage Drinking**

Recent Developments In Alcoholism:

Research on Alcoholics Anonymous and Spirituality in Addiction Recovery Marc Galanter, Lee Anne Kaskutas, 2008-10-27
It was once taken for granted that peer assisted groups such as Alcoholics Anonymous had no real value in recovery from addiction. More recently, evidence-based medicine is recognizing a spiritual component in healing, especially when it comes to addiction. The newest edition of *Recent Developments in Alcoholism* reflects this change by focusing on the 12-step model of recovery as well as mindfulness meditation and other spiritually oriented activity. More than thirty contributors bring together historical background, research findings, and clinical wisdom to analyze the compatibility of professional treatment and nonprofessional support, day-to-day concepts of relapse prevention, the value of community building in recovery, and much more. Among the topics covered: 1. How and why 12-step groups work 2. The impact of the spiritual on mainstream treatment 3. The impact of AA on other nonprofessional recovery programs 4. AA outcomes for special populations 5. Facilitating involvement in 12-step programs 6. Methods for measuring religiousness and spirituality in alcohol research. Whether one is referring clients to 12-step programs or seeking to better understand the process, this is a unique resource for clinicians and social workers. Developmental psychologists too will find *Volume 18: Research on Alcoholics Anonymous and Spirituality in Addiction Recovery* a worthy successor to the series.

Alcohol Problems in Adolescents and Young Adults Marc Galanter, 2006-04-07
Alcohol continues to be the substance of choice for today's youth, leading to serious physical, psychological, and social consequences. *Alcohol Problems in Adolescents and Young Adults* ably addresses this growing trend. The latest entry in the *Recent Developments in Alcoholism* series, it comprehensively presents a wide-ranging clinical picture of teen drinking, epidemiology, neurobiology, behavioral phenomena, diagnostic and assessment issues, prevention, and treatment data in a developmental context. Fifty expert contributors display the scientific rigor, practical wisdom, and nuanced analysis that readers have come to expect from previous volumes. Among the subjects studied in depth: Initiation of alcohol use, abuse, risk, and protective factors for alcohol dependence; High-risk adolescent populations; Drinking habits of college students; Long-range consequences of teenage drinking; Family, school, and community-based prevention programs; Treatment of comorbid substance and psychiatric disorders. Clinicians, researchers, and policy makers will find this a bedrock source of evidence-based knowledge. Whether one's goal is choosing an age-appropriate assessment tool for eighth graders, preventing drinking among high school students, or understanding the alcohol-friendliness of campus culture, here is a critical resource for all professionals dedicated to helping youngsters grow up sober.

The Surgeon General's Call to Action to Prevent and Reduce Underage Drinking U. S. Department of Health and Human Services, Office of the Surgeon General, 2012-07-23
Alcohol is the most widely used substance of abuse among America's youth. A higher percentage of young people between the ages of 12 and 20 use alcohol than use tobacco or illicit drugs. The physical consequences of underage alcohol use range from medical problems to death by alcohol poisoning, and alcohol plays a significant role in risky sexual behavior, physical and

sexual assaults various types of injuries and suicide Underage drinking also creates secondhand effects for others drinkers and nondrinkers alike including car crashes from drunk driving that put every child at risk Underage alcohol consumption is a major societal problem with enormous health and safety consequences and will demand the Nation's attention and committed efforts to solve For the most part parents and other adults underestimate the number of adolescents who use alcohol They underestimate how early drinking begins the amount of alcohol adolescents consume the many risks that alcohol consumption creates for adolescents and the nature and extent of the consequences to both drinkers and nondrinkers Too often parents are inclined to believe Not my child Yet by age 15 approximately one half of America's boys and girls have had a whole drink of alcohol not just a few sips and the highest prevalence of alcohol dependence in any age group is among people ages 18 to 20 This Surgeon General's Call to Action To Prevent and Reduce Underage Drinking was issued to focus national attention on this enduring problem and on new disturbing research which indicates that the developing adolescent brain may be particularly susceptible to long term negative consequences from alcohol use Recent studies show that alcohol consumption has the potential to trigger long term biological changes that may have detrimental effects on the developing adolescent brain including neurocognitive impairment Fortunately the latest research also offers hopeful new possibilities for prevention and intervention by furthering our understanding of underage alcohol use as a developmental phenomenon as a behavior directly related to maturational processes in adolescence New research explains why adolescents use alcohol differently from adults why they react uniquely to it and why alcohol can pose such a powerful attraction to adolescents with unpredictable and potentially devastating outcomes Emerging research also makes it clear that an adolescent's decision to use alcohol is influenced by multiple factors These factors include normal maturational changes that all adolescents experience genetic psychological and social factors specific to each adolescent and the various social and cultural environments that surround adolescents including their families schools and communities These factors some of which protect adolescents from alcohol use and some of which put them at risk change during the course of adolescence Because environmental factors play such a significant role responsibility for the prevention and reduction of underage drinking extends beyond the parents of adolescents their schools and communities The process of solving the public health problem of underage alcohol use begins with an examination of our own attitudes toward underage drinking and our recognition of the seriousness of its consequences for adolescents their families and society as a whole Adolescent alcohol use is not an acceptable rite of passage but a serious threat to adolescent development and health as the statistics related to adolescent impairment injury and death attest A significant point of the Call to Action is this Underage alcohol use is not inevitable and schools parents and other adults are not powerless to stop it The latest research demonstrates a compelling need to address alcohol use early continuously and in the context of human development using a systematic approach that spans childhood through adolescence into adulthood

Recent Developments in Alcoholism Marc Galanter, 1984 **Recent**

Developments in Alcoholism Marc Galanter, 2013-11-22 Each topic is covered in sufficient depth currency and clarity to be of value to the neophyte and the seasoned researcher clinician American Journal of Psychiatry from a review of a previous volume The current volume addresses a range of issues across this diverse field including the effects on society physiology and biochemistry clinical pathology and trends in treatment

The American Psychiatric Association Practice Guideline for the Pharmacological Treatment of Patients With Alcohol Use Disorder American Psychiatric Association, 2018-01-11 Alcohol use disorder AUD is a major public health problem in the United States The estimated 12 month and lifetime prevalence values for AUD are 13.9% and 29.1% respectively with approximately half of individuals with lifetime AUD having a severe disorder AUD and its sequelae also account for significant excess mortality and cost the United States more than 200 billion annually Despite its high prevalence and numerous negative consequences AUD remains undertreated In fact fewer than 1 in 10 individuals in the United States with a 12 month diagnosis of AUD receive any treatment Nevertheless effective and evidence based interventions are available and treatment is associated with reductions in the risk of relapse and AUD associated mortality The American Psychiatric Association Practice Guideline for the Pharmacological Treatment of Patients With Alcohol Use Disorder seeks to reduce these substantial psychosocial and public health consequences of AUD for millions of affected individuals The guideline focuses specifically on evidence based pharmacological treatments for AUD in outpatient settings and includes additional information on assessment and treatment planning which are an integral part of using pharmacotherapy to treat AUD In addition to reviewing the available evidence on the use of AUD pharmacotherapy the guideline offers clear concise and actionable recommendation statements each of which is given a rating that reflects the level of confidence that potential benefits of an intervention outweigh potential harms The guideline provides guidance on implementing these recommendations into clinical practice with the goal of improving quality of care and treatment outcomes of AUD

Reducing Underage Drinking Institute of Medicine, National Research Council, Division of Behavioral and Social Sciences and Education, Board on Children, Youth, and Families, Committee on Developing a Strategy to Reduce and Prevent Underage Drinking, 2004-03-26 Alcohol use by young people is extremely dangerous both to themselves and society at large Underage alcohol use is associated with traffic fatalities violence unsafe sex suicide educational failure and other problem behaviors that diminish the prospects of future success as well as health risks and the earlier teens start drinking the greater the danger Despite these serious concerns the media continues to make drinking look attractive to youth and it remains possible and even easy for teenagers to get access to alcohol Why is this dangerous behavior so pervasive What can be done to prevent it What will work and who is responsible for making sure it happens Reducing Underage Drinking addresses these questions and proposes a new way to combat underage alcohol use It explores the ways in which may different individuals and groups contribute to the problem and how they can be enlisted to prevent it Reducing Underage Drinking will serve as both a game plan and a call to arms for anyone

with an investment in youth health and safety

Alcoholism Marc Galanter, 2008-04-08 From the President of the Research Society on Alcoholism On behalf of the Research Society on Alcoholism I welcome the important contribution that Volume 15 of this excellent series on Recent Developments in Alcoholism brings to our field It is not enough for our scientists to develop effective and efficient methods to identify and treat alcohol abuse and alcohol dependence the availability of these services is often limited and it is certainly nonexistent for the early problem drinker In nineteen outstanding chapters Volume 15 deals with organizational issues concerning access to and delivery of substance abuse treatment and the role of managed care Several chapters deal with economic issues cost benefits and financing of these services Lastly five address recent treatment outcome studies Thus this volume will be of great value to both scientists and practitioners The Editor and Associate Editors are congratulated for this conceptual and organizational accomplishment Yedy Israel Ph D

Recent Developments in Alcoholism Marc Galanter, 1992

Research on Alcoholism Treatment Marc Galanter, 2006-04-11 From the President of the Research Society on Alcoholism The sixteenth volume of Recent Developments in Alcoholism contains the latest information on the field of alcoholism treatment research This scholarly volume includes comprehensive reviews of the methodologies available to evaluate treatment outcome state of the art psychosocial interventions and recent advances in pharmacological adjuncts to treatment that are currently available and those on the brink of application Other sections of the book address special issues in the treatment of alcohol dependence including the treatment of the adolescents and other unique populations the management of tobacco dependence and the role of spirituality in recovery among others The clinician will find these reviews an important resource for learning about evidence based treatments for alcoholism and the researcher will find the synthesis of recent developments informative and forward looking The research agenda for the future rests soundly on the progress to date and additional advances in the treatment of alcoholism can be predicted in the near future Stephanie O Malley Ph D President Research Society on Alcoholism xi Preface From the President of the American Society of Addiction Medicine This excellent volume presents investigations covering a wide spectrum of scientific issues It is also evident that many of these articles have clinical significance ranging from assessments of disorder monitoring clinical progress and behavioral and pharmacological interventions

Alcohol in America United States Department of Transportation, National Research Council, Division of Behavioral and Social Sciences and Education, Commission on Behavioral and Social Sciences and Education, Elizabeth Hanford Dole, Dean R. Gerstein, Steve Olson, 1985-02-01 Alcohol is a killer 1 of every 13 deaths in the United States is alcohol related In addition 5 percent of the population consumes 50 percent of the alcohol The authors take a close look at the problem in a classy little study as The Washington Post called this book The Library Journal states This is one book that addresses solutions And it's enjoyably readable This is an excellent review for anyone in the alcoholism prevention business and good background reading for the interested layperson The Washington Post agrees the book likely will wind up on the bookshelves of counselors politicians judges medical professionals and law enforcement officials

throughout the country

Recent Developments in Alcoholism Marc Galanter, 1989-01-31 From the President of the Research Society on Alcoholism In the last decade research concerning the causes and consequences of alcohol abuse and alcoholism has come of age We have witnessed a plethora of scientific findings that have shed light on some of the actions of alcohol at the molecular level Interesting new data have been forthcoming on the complexities of the development of tolerance to alcohol It is becoming increasingly appropriate to consider that tolerance to alcohol involves biological as well as psychological factors New scientific insights have been gained concerning the treatment of withdrawal as well as the presence of persistent withdrawal signs that may possibly be involved with relapse More recently new and compelling data indicating that alcoholism is a common familial disorder have appeared Clinical studies indicate that alcoholism is a heterogeneous disorder with multiformity in clinical symptomatology and genetic heterogeneity The heterogeneity of the clinical features and the heritability of the predisposing factors of alcoholism are currently under vigorous scientific investigation In the past several years sophisticated psychosocial studies have provided fundamental information on subjects at high risk for alcoholism Psychosocial and biological studies of families including alcoholics and subjects at high risk are likely to bring new insights to our understanding of etiological factors Moreover as a result of these studies we stand to develop better prevention initiatives and treatment approaches

Recent Developments in Alcoholism Marc Galanter, 2012-12-06 From the President of the Research Society on Alcoholism This annual book series is a valuable resource for the alcoholism field because it provides critical and timely reviews of selected areas that have interest to both practitioners and researchers It tries to achieve a balance between psychosocial and biomedical topics and between research and patient care activities Such a mix is offered in Volume 6 The Research Society on Alcoholism whose membership embraces researchers from all disciplines that study the etiology treatment and prevention of alcoholism and alcohol related disabilities regards the support and sponsorship of this book series as one of its major missions Ting Kai Li MD President Research Society on Alcoholism From the President of the American Medical Society on Alcoholism and Other Drug Dependencies The broadening scope of clinical and scientific interest in alcohol dependence is reflected in this sixth volume of *Recent Developments in Alcoholism* It offers valuable reviews on important current issues in the field namely the intertwining of nature and nurture a continuing search for predictors and indicators of the disease and the social impact of alcoholism on the job and in special populations This material should pique the interest of clinicians from all disciplines Medical social and political planners also need to turn to the expanding body of knowledge in the field of chemical dependence reflected here The volume is therefore of value to a contemporary readership and to those who will turn to it in future years

Recent Developments in Alcoholism Marc Galanter, 1997-01-31 From the President of the Research Society on Alcoholism On behalf of the Research Society on Alcoholism I am pleased to introduce this thirteenth volume of *Recent Developments in Alcoholism* about alcohol and violence Current concepts are presented in well organized sections that cus

on epidemiology neurobiology psychology and family issues It is coming increasingly clear that age gender socioeconomic circumstances and genetics affect aggressive behavior and vulnerability to alcoholism This volume contains up to date discussions of these issues Indeed the information presented here will help all alcohol researchers to identify biological and social factors that contribute to the comorbidity of alcoholism and aggression The editors and associate editors should be congratulated for bringing together such important information This volume will be a valuable resource for investigators and therapists alike Ivan Diamond M D Ph D President Research Society on Alcoholism From the President of the American Society of Addiction Medicine The American Society of Addiction Medicine is honored to continue its sponsorship with the Research Society on Alcoholism of Recent Developments in Alcoholism The topic of alcohol and violence is a particularly timely one given the growing number of studies that are examining the relationship between the two These studies are consistent with the hypothesis that alcohol can increase aggression and contribute to both domestic and criminal violence Intoxicating blood levels of alcohol have been found to be especially prevalent in those injured in fights and assaults

Alcoholism: Its Treatments And Mistreatments Irving Maltzman, 2008-03-05 This important book provides a review of the Minnesota Model of alcoholism treatment which combines current clinical treatments and the 12 step principles of Alcoholics Anonymous with the goal of abstinence It critically examines the research base supporting cognitive behavior therapy approaches to alcoholism Using evidence from biosociobehavioral science and critical analyses of alcoholism treatment outcome literature the book rebuts the view of cognitive behavior therapists that alcoholism is nothing but a bad habit This book fills a vital need describing which alcoholism treatments work and which do not It is an invaluable guide to the helping professions caring for alcoholics alcoholism counselors social workers nurses clinical psychologists and psychiatrists as well as the intelligent layperson interested in alcoholism and its treatment It also serves as a textbook for alcoholism courses and as an ancillary text for abnormal psychology courses *Alcohol and Alcoholism* John H. Hannigan, Linda P. Spear, Norman E. Spear, Charles R. Goodlett, 1999-02 Recent years have seen more systematic investigations of the consequences of prenatal and early postnatal exposure to alcohol for brain and behavioral development Offers an overview of what they have shown and points out directions for further research **With a Lot of Help from Our Friends** Nancy M. Olson, 2003 This book tells the inside story of government attempts to deal with the American alcohol problem from 1970 to 1980 the most important decade in the history of alcohol legislation since Prohibition with the famous Hughes Act as its centerpiece We meet the friends and supporters of Harold Hughes the charismatic senator and former governor from Iowa and Marty Mann the beloved first lady of Alcoholics Anonymous The author herself a major participant in these events describes the struggles and triumphs of this small band of recovered alcoholics and their friends as they bared their souls before congressional hearings and succeeded in convincing a Congress and three reluctant Presidents to support this effort Nancy Olson offers us a unique behind the scenes view of the alcoholism legislation that changed America during the 1970s Both those interested

in alcoholism and those intrigued by the legislative process will find this book fascinating Well documented and clearly written this book tells a story that has long needed telling Ernest Kurtz author of Not God A History of Alcoholics Anonymous Written in an engaging style the book includes vivid accounts of incidents and exchanges with a cast list including members of Congress and their staffs federal administrators scientists and representatives of the alcoholism movement and of the alcohol industries The book is essential reading for anyone interested in the modern development of thinking and action about alcoholism and alcohol issues in the U S Robin Room Professor and Director of the Centre for Social Research on Alcohol and Drugs Stockholm University Sweden **Recent Developments in Alcoholism** Marc Galanter, 2013-11-22 From the President of the Research Society on Alcoholism In recent years increasingly convincing evidence in support of a biobehavioral conceptual model of the etiology of alcoholism has emerged In this model the disorder is perceived as arising from the interaction of geneticbiological vulnerability and psychosocial risk Drinking or alcohol seeking is a metric trait Alcoholism which is a state of abnormally intense alcohol seeking behavior that over time leads to the alcohol dependence syndrome lies at the extreme high end of this quantitative measure Metric traits are influenced by multiple genes the extent of genetic loading of biological risk for alcoholism would be different in different individuals Added to this kind of variability is the wide range of options for exposure to the psychosocial risk factors of heavy drinking provided by modern society Further environmental provocation also changes when life events change It is not surprising therefore from the combination of the kinds of genetic and environmental variability described above that there is a wide array of patterns of expression of the disorder alcoholism referred to by some as alcoholisms In the search for understanding of underlying mechanisms and rational bases for potential therapy it is important to focus our attention on the final common pathway of this disorder alcohol seeking behavior This series ever since its beginning in 1983 has been sensitive to the complexities of the interaction between biological and psychosocial risk factors in alcoholism *Almost Alcoholic* Joseph Nowinski, Robert Doyle, 2012-03-13 Determine if your drinking is a problem develop strategies for curbing your intake and measure your progress with this practical engaging guide to taking care of yourself Every day millions of people drink a beer or two while watching a game shake a cocktail at a party with friends or enjoy a glass of wine with a good meal For more than 30 percent of these drinkers alcohol has begun to have a negative impact on their everyday lives Yet only a small number are true alcoholics people who have completely lost control over their drinking and who need alcohol to function The great majority are what Dr Doyle and Dr Nowinski call Almost Alcoholics a growing number of people whose excessive drinking contributes to a variety of problems in their lives In *Almost Alcoholic* Dr Doyle and Dr Nowinski give the facts and guidance needed to address this often unrecognized and devastating condition They provide the tools to identify and assess your patterns of alcohol use evaluate its impact on your relationships work and personal well being develop strategies and goals for changing the amount and frequency of alcohol use measure the results of applying these strategies and make informed decisions about

your next steps **The Natural History of Alcoholism Revisited** George E. Vaillant, 2009-07-01 In this updated version of his landmark study on alcoholism George Vaillant returns to the same subjects but with the perspective gained from fifteen years of further follow up

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Recent Developments In Alcoholism Introduction

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