



RECENT ADVANCES IN PSYCHOLOGY AND AGING

Volume 15

Paul T. Costa, Jr. &
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Recent Advances In Psychology And Aging

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Recent Advances In Psychology And Aging:

Recent Advances in Psychology and Aging P. Costa, I.C. Siegler, 2003-12-10 Recent Events in the Psychology of Aging documents the successful integration of aging into the mainstream of psychology. Leading psychologists present overviews of the key issues and research findings on mainstream topics. These include cognitive neuroscience, visual attention, learning, memory, and cognition, as well as personality and happiness. The intersection of aging content with mainstream psychology is also prominent in the areas of emotions, personality, and social psychology, as seen in the chapters on subjective well-being, emotional development, self-esteem, and personality trajectories. The seven chapters of this book offer information on such topics as the seven sins of memory, categorizing the common breakdowns of memory in everyday life, and the special breakdown of sins that increase with aging, problems with attention and learning, and offers answers to questions such as: do emotions get blunted with age? do older people focus more on positive feelings? and the age-old question of whether older people are happier than younger people. This is given in the chapter on the evolving concept of subjective well-being and the multifaceted nature of happiness. Questions about what occurs to one's self-esteem and personality are also masterfully discussed, and the answers may be surprising. The concluding seventh chapter provides a cultural lens on the biopsychosocial study of aging.

Handbook of the Psychology of Aging K. Warner Schaie, Sherry L. Willis, 2010-12-21 The Handbook of the Psychology of Aging, Seventh Edition, provides a basic reference source on the behavioral processes of aging for researchers, graduate students, and professionals. It also provides perspectives on the behavioral science of aging for researchers and professionals from other disciplines. The book is organized into four parts. Part 1 reviews key methodological and analytical issues in aging research. It examines some of the major historical influences that might provide explanatory mechanisms for a better understanding of cohort and period differences in psychological aging processes. Part 2 includes chapters that discuss the basics and nuances of executive function, the history of the morphometric research on normal brain aging, and the neural changes that occur in the brain with aging. Part 3 deals with the social and health aspects of aging. It covers the beliefs that individuals have about how much they can control various outcomes in their life, the impact of stress on health and aging, and the interrelationships between health disparities, social class, and aging. Part 4 discusses the emotional aspects of aging, family caregiving, and mental disorders, and legal capacities in older adults. Contains all the main areas of psychological gerontological research in one volume. Entire section on neuroscience and aging. Begins with a section on theory and methods. Edited by one of the fathers of gerontology. Schaie and contributors represent top scholars in gerontology.

The Aging Mind National Research Council, Commission on Behavioral and Social Sciences and Education, Board on Behavioral, Cognitive, and Sensory Sciences, Committee on Future Directions for Cognitive Research on Aging, 2000-04-18 Possible new breakthroughs in understanding the aging mind that can be used to benefit older people are now emerging from research. This volume identifies the key scientific advances and the opportunities they bring. For example, science has learned that

among older adults who do not suffer from Alzheimer's disease or other dementias cognitive decline may depend less on loss of brain cells than on changes in the health of neurons and neural networks Research on the processes that maintain neural health shows promise of revealing new ways to promote cognitive functioning in older people Research is also showing how cognitive functioning depends on the conjunction of biology and culture The ways older people adapt to changes in their nervous systems and perhaps the changes themselves are shaped by past life experiences present living situations changing motives cultural expectations and emerging technology as well as by their physical health status and sensory motor capabilities Improved understanding of how physical and contextual factors interact can help explain why some cognitive functions are impaired in aging while others are spared and why cognitive capability is impaired in some older adults and spared in others On the basis of these exciting findings the report makes specific recommendations that the U S government support three major new initiatives as the next steps for research

Aging and Development Peter G. Coleman, Ann O'Hanlon, 2017-02-03 The psychology of aging usually focuses upon cognitive changes with a particular focus on dementia and other forms of cognitive decline But getting older is about more than simply changes to the brain and related health issues Changes to our social and emotional lives are also hugely significant as we adapt across our lifespan The second edition of *Aging and Development* is the only textbook available that responds to the growing interest in social personal and emotional development in older age Ideally suited to complement texts on cognitive change the book provides a holistic developmental perspective on aging It highlights a range of issues including the development of personal meaning and spirituality improvements in emotional control uses of reminiscence and life review the importance of healthy attitudes to aging as well as the maintenance of close personal relationships It does not avoid the difficult issues of late life decline but illustrates how even in circumstances of physical and mental frailty a positive sense of self can be created and enhanced Fully updated to provide the most cutting edge overview on this burgeoning topic of interest *Aging and Development* includes a glossary and list of useful websites both on the study of gerontology and the psychology of aging It will be essential reading for all students of developmental psychology as well as anyone either training to work or already working with older people

Successful Aging Daniel J. Levitin, 2020-01-07 INSTANT TOP 10 BESTSELLER New York Times USA Today Washington Post LA Times Debunks the idea that aging inevitably brings infirmity and unhappiness and instead offers a trove of practical evidence based guidance for living longer and better Daniel H Pink author of *When and Drive* *SUCCESSFUL AGING* delivers powerful insights Debunking the myth that memory always declines with age Confirming that health span not life span is what matters Proving that sixty plus years is a unique and newly recognized developmental stage Recommending that people look forward to joy as reminiscing doesn't promote health Levitin looks at the science behind what we all can learn from those who age joyously as well as how to adapt our culture to take full advantage of older people's wisdom and experience Throughout his exploration of what aging really means using research from developmental

neuroscience and the psychology of individual differences Levitin reveals resilience strategies and practical cognitive enhancing tricks everyone should do as they age Successful Aging inspires a powerful new approach to how readers think about our final decades and it will revolutionize the way we plan for old age as individuals family members and citizens within a society where the average life expectancy continues to rise

Handbook of Health Psychology and Aging Carolyn M. Aldwin, Crystal L. Park, Avron Spiro, 2007-01-26 Offering a fresh authoritative take on a topic of increasing relevance this book is comprehensive in scope yet concise and accessible Key contributors from health psychology gerontology and related fields pool their knowledge

Better with Age Dr. Alan D. Castel, 2018-08-01 Age is an important number but it can also be deceiving After 40 most people say they feel younger than their years some lie about their age and many attempt to hide the signs of growing old Better with Age addresses the many myths and paradoxes about the aging process Although most people think of their later years in terms of decline they can be one of the best times in life This book presents the latest scientific research about the psychology of aging coupled with insights from those who have succeeded in doing it well such as Maya Angelou Bob Newhart Jared Diamond John Glenn and John Wooden We are all aging and many people are concerned about what to expect with advancing years Retirement happiness and brain health are some of the many topics covered in this book Better with Age shows what we can do now at any stage in life to make sure we enjoy old age

Age Differences in Word and Language Processing P.A. Allen, T.R. Bashore, 1995-09-27 Component cognitive processes have played a critical role in the development of experimental aging research and theory in psychology as attested by articles published on this theme However in the last five to ten years there has been a substantial increase in the number of articles attempting to isolate a single factor or small subset of factors responsible for age differences in information processing This view of aging is frequently termed the complexity model of the generalized slowing model the primary assumption being that age differences in cognition are due simply to a relatively larger performance decrement on the part of older adults compared to younger adults as task complexity increases Because generalized complexity theorists have questioned the utility of using component cognitive processes as theoretical constructs the editors feel it is time to restate why component cognitive processes are critical to any thorough understanding of age differences in cognition Thus the present edited volume represents an attempt to demonstrate the utility of the process specific approach to cognitive aging Central to this effort are illustrations of how regression analyses may provide evidence for general slowing by maximizing explained variance while at the same time obscuring local sources of variance The book concentrates on age differences in word and language processing because these factors relate to reading which is a critical cognitive process used in everyday life Furthermore age differences in word and language processing illustrate the importance of taking component cognitive processes into consideration The breadth of coverage of the book attests to the wide range of cognitive processes involved in word and language processing

Adult Cognition Timothy A. Salthouse, 2012-12-06 For some time now the study of

cognitive development has been far and away the most active discipline within developmental psychology. Although there would be much disagreement as to the exact proportion of papers published in developmental journals that could be considered cognitive, 50% seems like a conservative estimate. Hence a series of scholarly books devoted to work in cognitive development is especially appropriate at this time. The Springer Series in Cognitive Development contains two basic types of books: namely edited collections of original chapters by several authors and original volumes written by one author or a small group of authors. The flagship for the Springer Series is a serial publication of the advances type carrying the subtitle *Progress in Cognitive Development Research*. Volumes in the Progress sequence are strongly thematic in that each is limited to some well defined domain of cognitive developmental research, e.g. logical and mathematical development, semantic development. All Progress volumes are edited collections. Editors of such books, upon consultation with the Series Editor, may elect to have their works published either as contributions to the Progress sequence or as separate volumes. All books written by one author or a small group of authors will be published as separate volumes within the series. A fairly broad definition of cognitive development is being used in the selection of books for this series.

Social Gerontology M. B. Kleiman, 1983-05-04
Psychology and Aging Theo B. Sonderegger, James E. Birren, 1992-01-01
The prestigious group of scholars assembled for this thirty ninth volume of the Nebraska Symposium on Motivation address important issues in Psychology and Aging. In the first chapter James E. Birren and Laurel M. Fisher consider slowness of behavior as a general condition often associated with advancing age and explore its implications of a wide range of hierarchical functions. In succeeding chapters Martha Storandt assesses memory skills training for older adults and Irene Mackintosh Hulicka offers in a previously unpublished G. Stanley Hall lecture cogent reasons for teaching about aging in psychology classes and procedures for doing so. Challenging the view that cognitive aging is identical with decline, Paul B. Baltes, Jacqui Smith and Ursula Staudinger adopt the hypothesis of simultaneous growth and decline and relate it to wisdom. Trait psychology is discussed by Paul T. Costa Jr and Robert R. McCrae who review the most recent advances and present new data from longitudinal studies. K. Warner Schaie and his colleagues describe problems and methods of studying natural cohorts within a longitudinal study and report the first data on adult parent offspring similarity determined as a function of the age of the pair when studied. A commentary chapter by Ross A. Thompson concludes the volume.

When I'm 64 National Research Council, Division of Behavioral and Social Sciences and Education, Board on Behavioral, Cognitive, and Sensory Sciences, Committee on Aging Frontiers in Social Psychology, Personality, and Adult Developmental Psychology, 2006-02-13
By 2030 there will be about 70 million people in the United States who are older than 64. Approximately 26 percent of these will be racial and ethnic minorities. Overall the older population will be more diverse and better educated than their earlier cohorts. The range of late life outcomes is very dramatic with old age being a significantly different experience for financially secure and well educated people than for poor and uneducated people. The early mission of behavioral science research

focused on identifying problems of older adults such as isolation caregiving and dementia Today the field of gerontology is more interdisciplinary When I m 64 examines how individual and social behavior play a role in understanding diverse outcomes in old age It also explores the implications of an aging workforce on the economy The book recommends that the National Institute on Aging focus its research support in social personality and life span psychology in four areas motivation and behavioral change socioemotional influences on decision making the influence of social engagement on cognition and the effects of stereotypes on self and others When I m 64 is a useful resource for policymakers researchers and medical professionals **Successful Aging** John Wallis Rowe,Robert L. Kahn,1998 The results of the MacArthur Foundation Study of Aging in America which show how to maintain optimum physical and mental strength throughout later life Dust jacket

Handbook of the Psychology of Aging James E. Birren,2013-10-22 Handbook of the Psychology of Aging Third Edition describes the psychology of adult development and aging This book is organized into four parts encompassing 28 chapters that cover the basic behavioral changes and capacities occurring with advancing age The first part deals with the history concept and models of the psychology of aging This part also examines the distinctions between physical biological psychological and social time or age The second part explores the influences of racial ethnic and cultural factors on biological health social and psychological aging processes This part also surveys gender differences in aging The third part describes numerous behavioral processes changes and patterns in advancing age This part specifically considers the motivation cognitive and motor performance attentional processes learning memory personality and wisdom in aging The fourth part focuses on the applications of the concepts and principles of aging to the individual and society This book will be of great value to psychologists researchers and graduate students **Current Catalog** National Library of Medicine (U.S.), First multi year cumulation covers six years 1965 70 The Cambridge Handbook of Age and Ageing Malcolm L. Johnson,Vern L. Bengtson,Peter G. Coleman,Thomas B. L. Kirkwood,2005-12 The Cambridge Handbook of Age and Ageing is a state of the art guide to the current body of knowledge theory policy and practice of age researchers and gerontologists around the world It contains almost 80 original chapters commissioned and written by the world s leading gerontologists from 16 countries and 5 continents The broad focus of the book is on the behavioural and social sciences but it also includes important contributions from the biological and medical sciences It provides comprehensive accessible and authoritative accounts of all the key topics in the field Advances in Psychology Research Alexandra Columbus,2006 Advances in Psychology Research presents original results on the leading edge of psychology Each article has been carefully selected in an attempt to present substantial research results across a broad spectrum *Recent Advances in the Roles of Cultural and Personal Values in Organizational Behavior* Nedelko, Zlatko,Brzozowski, Maciej,2019-09-06 The complete understanding of organizational culture and personal values is fundamental for running and improving modern organizations By identifying the underlying building blocks for behavior strategy and actions of organizations and their members companies and researchers may

discover innovative techniques to encourage productive and satisfying working environments Recent Advances in the Roles of Cultural and Personal Values in Organizational Behavior is a collection of innovative research on how culture and personal values shape and influence leadership styles decision making processes innovativeness and other management practices While highlighting topics including employee motivation leadership style and organizational culture this book is ideally designed for managers executives human resources professionals recruiters researchers academics educators and students seeking current research on cultural backgrounds and personal values for organizations

Social Structures and Aging Individuals K. Warner Schaie, PhD, Ronald P. Abeles, PhD, 2008-07-02 A useful reference book Readers will find themselves returning to chapters again and again PsycCritiques This is the 20th and final volume in the Societal Impact on Aging series It focuses on what has been learned over the span of the previous volumes regarding the continuing challenges for older persons in a rapidly changing society and tries to forecast what may be the next set of issues to lie at the intersection of social structures and the individual aging process The editors therefore invited major organizers of and contributors to the 19 earlier volumes to review both the accomplishments and omissions of their efforts discuss some timely new topics and provide guidelines for future research and theoretical explanations The book is divided into five broad topics health and wellbeing including the role of religion personality and cognition the impact of changes in technology and the work place issues of socio cultural change and historical context and the familial and societal contexts of aging

State and Trait A. R. Smith, D. M. Jones, 2013-10-22 This third volume of Handbook of Human Performance addresses individual differences in human performance The book considers both effects related to stable characteristics and those which are a product of either endogenous changes in state or induced by task performance itself It includes chapters on intelligence demographic factors extra version and fatigue Although a wide range of topics is covered all contributions are linked in a consistent manner to human performance

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